

# EDGE: Ahead

## Ready | Steady | Cook

### SEN WORKSHOPS

- Building Independence
- Sensory Exploration
- Social Interaction
- Promote Healthy Eating
- Self Expressions & Creativity
- Safety Awareness

### OBJECTIVES/PURPOSE:

7-week course with AQA Awards.

In this session, each client gets a turn to create a meal and serve it to the group. They will take turns to do this and on completing they will each taste each other's meal. Points will be awarded for: flavour, creativity, aesthetic appearance on the plate and team working. Prize for the winner!

### WHEN:

**THURSDAYS 10am - 12**

Term time only

### WHERE

EDGE Ahead Hub  
St Johns Church  
St Johns  
Woking GU21 7QN

### FOR MORE INFORMATION GET IN TOUCH

[info@edge-consultancy.com](mailto:info@edge-consultancy.com)

[www.edge-consultancy.com](http://www.edge-consultancy.com)

07425471014  

